



## Career Girls: Importance of Mentors

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Who inspires you? A mentor is a person who gives help and advice to someone with less experience. Mentors can inspire you and help you reach your goals!

A mentor can be someone in your family or a person you know in your school or community.

### Try This!

What are some of your goals? You may have short-term goals—like getting your homework in on time this week. You may also have long-term goals—like graduating from college. Setting and meeting short-term goals can help you achieve your long-term goals. Complete the chart for three short-term goals for this week.

Goals for the Week	What I Need to Do	Who Can Help Me	How Did I Do?
1.			
2.			
3.			

The best part of my week:

What I want to improve next week: